



# KIDS PROGRESSIVE TENNIS TIME

The proportional equipment supports the size of younger athletes and assists in the development of the game's key fundamentals. Pictures below.

The fun and early enjoyment experienced through Kids Tennis Time tends to encourage players to continue in the sport over time with emphasis on the FUNdamentals.

Children's programs, Red Ball, Orange Ball, and Green Ball follow Tennis Canada curriculum with FUN as the key component for recreational players.

Red Ball 1 is an introduction, Red Ball 2 is a continuation of RB 1 and so forth for Orange Ball and Green Ball.

Fluent bilingual coaching available.

We will provide all of the equipment necessary for children of all ages (tennis balls, rackets, mini nets and fitness equipment). We have wholesale rackets are available for sale.

No membership fees, initiation fees or court fees. Private and semi-private children's lesson are available, email [tennistime@tennistime.ca](mailto:tennistime@tennistime.ca) if you are interested.

All employees are screened through E-pic by Tennis Canada's program with Sterling Talent Solutions BackCheck.

We have Prince Jr. racket with covers for sale for \$35 tax included touchless deliver in the center. Technical: ground strokes, net play and transition, serve/return, foot work and hand eye coordination.

Tactical: conquer short sequences of shots and learn court positioning to execute match strategy with success.

Competition: play singles and doubles matches to improve tactical, technical and performance levels.

Facility Features:

- 3/4 courts, half courts, full courts, 4 caged hitting walls/play space
- Parents viewing area/waiting room/play area
- Ample parking/wheelchair accessible

**Foam**  
Introductory Ball

**Red**  
Beginner

**Orange**  
Intermediate

**Green**  
Advanced

**19 inch**  
Ages 6 & Under

**21 inch**  
Ages 8 & Under

**23 inch**  
Ages 9 & Under

**25 inch**  
Ages 11 & Under

**1/2 Court Tennis**  
Racquets: 17-21 inch  
Low compression ball or Sponge Ball  
Advanced Stream 5-7 yrs

**3/4 Court Tennis**  
Racquets: 23-25 inch  
50% slower ball (Orange court ball)  
Advanced Stream 7-9 yrs

**Full Court Transition**  
Racquets: 25-26 inch  
25% slower ball (Green court ball)  
Advanced Stream 9-10 yrs